



Performance Impact

Assessment Results

Energy Levels

Yellow: 62
Red: 35
Blue: 48
Green: 78

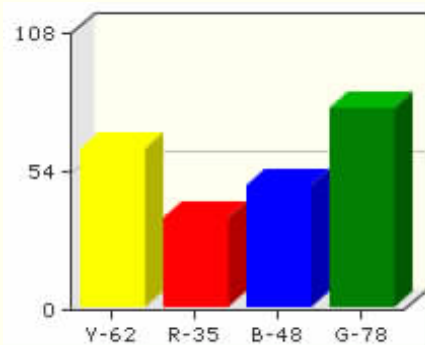
Misty Sample
Primary Energy is
GREEN

ICS-CONNECT
Interest and
Preference
Indicator is the
ASSISTER

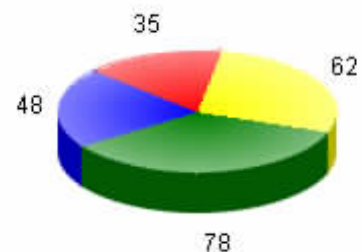
Energies above the mid-line (54) are your preferred energy styles, those energies we like about ourselves and like to display to others. We easily connect with others who display these energies.

Energies below the mid-line are the energies you are reluctant to use and prefer not to display to others. We tend to disconnect with others who have a preference to displaying these energies.

Interest & Preference Indicator Graph



Legend: Y-62 (Yellow), R-35 (Red), B-48 (Blue), G-78 (Green)



THE ASSISTER - INTROVERSION

Will stay connected when others:

- Are trying to build a lasting relationship with the Assister
- Provide an environment that allows the Assister to express their thoughts and fears
- Recognize the Assister for their ability to be fair and honest
- Give the Assister time to reflect as it will affect their level of performance
- Mirror the Assister's calm and relaxed nature
- Negotiate in a calm, quiet, and slow pace

Tends to disconnect when others:

- Get too personal
- Criticize before the Assister's contributions are acknowledged
- Do not allow the Assister to express their thoughts and concerns
- The Assister's feelings are not being recognized
- "Tell" rather than "ask"
- Apply pressure to make the Assister move faster
- Don't show respect for fellow mankind

What Assisters like people to know about themselves:

- They are very sensitive as to how people feel
- They are supportive, warm, and caring
- You can be sure they will be there when you need them
- They are responsible, caring, and sincere

What Assisters don't recognize or like to admit in themselves:

- They can't seem to say no, even if it will cause difficulty in their lives
- They get upset when someone doesn't return their favors
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- **Purpose:** To be of service with a smile to others
- **Value to the organization:** Helps others to build relationships
- **Under stress:** Bleeds inside
- **Worries about:** Having to work under too much pressure
- **Would be more successful by:** Learning to say "no"; limit involvement

Things you will rarely observe Assisters doing:

- Not returning favors
- Not showing empathy for people who are experiencing tough times in life
- Leaving a desperate neighbor to fend for themselves

How to be in touch with Assisters:

- Be willing to listen and show that you appreciate them
- Let them know you value them
- When communicating with them, make good and constant eye contact
- If you need to pass judgment on them, do it kindly
- Share life's joys with them

Those who really understand Assisters say:

- "They are admired by all who know them because they are willing to be there when someone needs them many times putting their own needs aside."
- "They are wonderful people to be around. They are honest, caring, and sharing, making others feel they are the most important person in their life."



- They don't always express their true feelings
- They feel that they aren't doing enough for those closest to them

Some things Assiters want others to see in themselves:

- **Who I am:** Empathetic

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